



Alicja Centre of Well-Being
- where science and spirituality meet



Working with Magic Candles

Working with Magic Candles is easy, practical and powerful. However – because they are not regular candles, since they burn not only wax but also energies in a form of very subtle vibrations, we need to remember and apply below mentioned rules:

1. Never leave a lit candle unattended
2. To light the candle use (if possible) a natural source of light (flame) such as matches
3. Keep the wick properly trimmed
4. The flame must always be visible (trim the candle after each use)
5. Keep candle on something natural (metal candle holder or candelabra or just a metal tray would be the best, as heat will not affect it)
6. Extinguish the flame either with a snuffer or dry fingers - never use anything wet such as licked fingers
7. Clean base (tray, candelabra etc.) and the candle after every use
8. Do not burn Magic Candles for more than 15 - 30 minutes at a time
9. Repeat appropriate spell three times at the beginning when you light the candle
10. Keep burning the candle every day until it will be completely gone (does not apply to Protection and Abundance candle, which can be used when needed)
11. Begin your ritual when Moon phase is appropriate to the nature of your ritual
12. If ritual must be started immediately remember that the process will need more of your energy and attention