



Alicja Centre of Well-Being -

- where science and spirituality meet

Online Class

Victim or Victor? The Choice is Yours!

From time to time, individual societies go through hardships, treated by others as distant and often hard to relate to. In this time of 2020, we go through a challenging time, which is equally hard for all of us regardless of location, nationality or belief system. Since it affects everyone, it seems like a perfect moment to stop and look inside us to understand how we, humans react to predicaments, where and why fear and anger are created, how they affect our health, relationships, and our worldview.

This lecture explains the phenomena of our brain, in fact, three brains, which only occasionally cooperate. Still, each of them has its role and functions in our decision-making process, our emotional reactions and developing a set of beliefs further running our life.

- **What is the role of dowsing in those processes?**
- **Why and how understanding and applying dowsing in everyday life may offer simple but so profoundly needed solutions?**
- **Why and how can we improve our health with therapeutic pendulums?**

Let's take a journey through our psyche and dowsing to find our inner strength to conquer predicaments, and become victorious!

Running time: 1h 10 minutes